



# He Huarahi Tamariki

SCHOOL FOR TEENAGE PARENTS - TERM 2 2024

## Tough Gal!

The 'Tough Guy, Tough Girl' challenge was a pretty fun day with all the girls. Me, Omapere and Faith did the run together. Leone and a group of the teachers also participated and we all finished the Course. Our group of six supporters really helped keep us motivated. I would say the weather was perfect for the day because there was no sun so it wasn't too hot, but it would spit every now and then and it was refreshing.

There was one part where we came out of a tunnel into a little puddle and these other girls were at the other end saying, "Watch out for the big drop!" but by the time that got to my brain I was under water. It turns out it wasn't a little puddle, it was like 2 metres deep. The mountain made me want to turn around and quit, but it was worth it because we just slid in the mud the whole way down and took a couple of people with us. Me and Omapere kept pushing each other in the mud. It was crack-up as.

I was happy when we got to the end and I got to have a good munch. Chloe, our chef, had thoughtfully prepared a big box of food for us.

*Haven Gage*



*Clockwise from immediately above:*

*Faith and Jackie ready to go;*

*Haven and Omapere after the mud;*

*Jackie, Leone and Claire celebrating the finish;*

*Haven with supporters Hayley and Myah;*

*the HHT team (back row) Leone, Helen, Faith,*

*Jackie, Omapere, Kohine, Hayley, Myah and*

*Haven (front row) Jenny, Claire and Chloe;*

*the HHT Base Camp;*

*Omapere approaching the finishing line;*

*Faith powering through the mud;*

*Leone mastering the fences.*

*Thanks to Paddy our photographer on the day.*



## Tēnā koutou katoa

Te manu e kai ana i te miro,  
nōna te ngahere.  
Te manu e kai ana i te mātauranga,  
nōna te ao.  
*The bird that feeds on the miro berry,  
for them the forest.  
The bird that partakes of knowledge,  
for them the world.*

As we end term 2 with the celebrations of Matariki and Puanga, it is a useful time to reflect on the successes and learnings from the past year. And a good time to refocus on plans for the future – particularly our reasons for being at He Huarahi Tamariki. As HHT whānau we like to focus on the mātauranga – the knowledge – and how all of our young people can partake of the knowledge so they can own the world. What are your aspirations for the next year? What can you do to be successful? How can we support you? How can we challenge you?

“Of course you can do it.”

Ngā mihi nui,  
Paula Hay – Kaiārahi

## Tribute to Brian Tyler

It is with great sadness that we acknowledge the passing of a long-standing supporter of He Huarahi Tamariki – Brian Tyler.

We first met Brian through his wife, Pat, who connected with He Huarahi Tamariki through her voluntary work as a counsellor at neighbouring Linden school. Both Pat and Brian understood exactly what the school was trying to do and were wonderfully supportive. In the words of Susan Baragwanath “People like that were gold dust to us - not for their money but for their wisdom.”

Brian’s support carried on after Pat’s death and, over the years, the Brian and Pat Tyler scholarships have supported many HHT graduates. And Brian continued to show that the best support is always more than financial. He took a great interest in the graduates themselves, finding out about their journey through HHT and then keeping in touch with them as they took on their tertiary studies.

It was also important to Brian to provide support in person and he valued being present at our end of year Graduation and Prize Giving. We would like to acknowledge too, the support of Brian’s partner Robin Clark who attended with him. Farewell Brian and thank you.



Brian Tyler and partner Robin Clarke (centre left & right) with Johnny Bell (left) and Daniel Soughtton (right) from the HHT Trust at our Prize Giving last year.

## Student Contribution



Static Image by Bella Greening

## Welcome to our New Babies!



Tasha, a boy – Te Raukura  
Tonnerre, a boy – Te-Ngākau

Jahkana pictured with Sherena who was born last term.

## Staff News



We have been very lucky to have a visiting Fulbright Scholar working with us for term 1 and 2 this year. Sheila Crowell, is from Eugene, Oregon, but is currently based at Te Herenga Waka, Victoria University of Wellington. She is researching ‘Enhancing support for pregnant adolescents through a cross-cultural exchange of skills and resources in New Zealand’. What this actually looks like is Sheila running emotional regulation sessions with our students using Dialectical Behavioural Therapy as a basis. She is also working with staff to help us plan for continuing this work when she leaves.

We are also thrilled to have Beth McMinn join us as a Van Driver this term. She will be working alongside John to get our students and their tamariki to school.



# Matariki Celebrations

**Mauri oho**

*Life force awaken*

**Mauri tū**

*Life force stand tall*

**Mauri ora**

*Life force all wellness, good health*

**Ki a tātou katoa**

*for all*

**Haumi e, hui e, taiki e**

*Join together unite,*

*the group is ready to progress  
for the purpose of coming together*

Matariki is always a time for celebrating with whānau at He Huarahi Tamariki and Kids Count. We dedicate time to spend together and plan special activities and kai to share, that are connected with ngā whetu (the stars).

This year, we have all been learning a simple karakia (left) to share with our tamariki. Other activities with our tamariki included a star hunt, bubbles (Ururangi), face painting, and a star grotto to hang out in. We also had an art station set up to record or draw our hopes and dreams (Hiwa-i-te-Rangi).

In class, students spent time completing a Matariki-themed workbook and there was a quiz to test their knowledge afterwards.

We also learnt more about Puanga this year. Due to geographical location, Puanga, rather than Matariki, is the star some iwi look for to signify the new year.



Clockwise from top left: Kameera-Capri hanging out with mum, Tiara; Lahni & Zara checking out the face painting; Mila-Jane & Lily enjoying some kai; Taimana & Myah spending time with the bubbles; Jahkana & Tiara decorating star biscuits; Omapere & Analia recording their hopes and dreams.

## One Love

On Tuesday, 5 March, our school went on an excursion to The Lighthouse, Pauatahanui, to see the film One Love. A promo for the film described it this way, "Bob Marley One Love is a biopic that endeavors to peel back the layers of a reggae icon's life, revealing the man behind the music, the father behind the legend, and the soul behind the revolution."

I feel that they picked an amazing actor, Kingsley Ben-Adir, to play Bob Marley. He portrays Bob Marley almost identically, with surprisingly radiant authenticity. The film is visually stunning. It captures the vibrancy of Jamaica and lush landscapes of the Island. The film reaffirms the timeless message of love, unity and redemption that Bob Marley imparted to the world. Overall, the film was riveting and I enjoyed every second of it.

*Hayley Ahu*



## Thanks Mum!



Right: Keion with Hayley.  
Left: Emily with Jax

The staff at Kids Count helped our tamariki celebrate Mothers' Day by putting on a scrumptious breakfast to share with their Mums. It was a great opportunity to recognise the awesome job our students are doing raising their babies. Parenting is very rewarding, but can also be pretty intense at times. Everyday, our students juggle not only parenting, but their education and their own journey into adulthood too.



# Winter Wellness Event with Ora Toa

This term we had a wonderful health and wellbeing opportunity here at school. Ora Toa worked with us to host a Winter Wellness event that was also open to the wider community. The Ora Toa Outreach Immunisation van was here onsite to provide free flu vaccinations to all-comers and answer any questions people might have about immunisation. If you took advantage of their services, there was a free hot drink waiting for you at the coffee cart they had brought with them and a Pak'n'Save gift card!

On top of that, in the preceding weeks, our students and staff had been able to request vaccination records for themselves and their children and receive advice about any 'catch-ups' that may be required. If they wanted to, they could book in to have these immunisations done as well.

Ngā mihi nunui ki a koutou, the team at Ora Toa and Te Rūnanga o Toa Rangatira, for working with us to provide this opportunity. We look forward to having you back again next year.



L—R: Filling in paperwork beforehand; The Ora Toa van onsite; Hot chocolate anyone?  
R: Christine braving the needle expertly wielded by Bobby.



## Graduate Lunch

We like to say 'once a part of HHT, always a part of HHT' and this never feels more true than when we have our graduates visiting for lunch. It is always inspiring to hear about their experiences —whether they were at school 2 years ago, or 20! And as you can see from the photos, we are also very partial to meeting the latest additions to their families.

These graduate lunches are a regular event and whilst they provide a good opportunity for graduates to reconnect. They also provide our current students with a window in on the many different pathways lives can take. If you are a He Huarahi Tamariki graduate, but are not on our mailing list for graduate events, please get in touch with our graduates liaison, Christine Barris (graduates@hht.school.nz). We'd love to see you or hear about what you have been up to.



Clockwise from Top Left:  
Dahlia, Nakita & Catherine;  
Victoria & Felix with Paula;  
Helen with Sandra-Jean & daughter Emma; Christine with Zar & Tangiwai; Caci & Elias;  
Victoria & Felix with Jasmine & daughter Te Raiona & son Ngākau; Caci's son Nas; Ngākau.



**A very big thank you to all the public and private donors who have supported us recently. Your donations are very much appreciated.**

He Huarahi Tamariki Trust, Zonta Club of Mana, Ian Crabtree Charitable Trust, Herbert Teagle Masonic Perpetual Trust, Wellington Methodist Charitable and Educational Endowment Trust, Presbyterian Support Central—Bichan Trust, Donations made in memory of Ray Matthews, Pat Lummis, Inner Wheel Club of Tawa, Kiwi Community Assistance, Beanies for Babies, Parish of Pauatahanui, Arise Church, Pregnancy Help, Loved for Life, The Salvation Army, and the many others who donate used equipment and clothing.

**Donations towards the work of the school (03 0547 0671844 000) are always welcome and donations to the scholarship fund can be made to the HHT Trust (02 0548 0369188 000). Either of these are tax deductible and a receipt will be sent to you.**

**If you have changed address or would like the newsletter emailed to you, please contact us via [info@hht.school.nz](mailto:info@hht.school.nz)**

**Our host school is Wellington East Girls' College - Principal: Gael Ashworth**



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Wellington, NZ

**“Of course you can do it”**